Leonora
District High School

School Website

The school website is in the process of undergoing a complete overhaul to ensure the information is up to date.

The website can be found at:
www.leonoradhs.wa.edu.au

As well as the latest “What’s On”, there will be classroom updates, photos, contact information and useful forms.

If there is any information that you would like to see added to the website, please contact the school on 9037 6143.

Leonora Bike Challenge

The Leonora Bike Challenge was held in less than ideal weather this year. As the weatherman predicted head on winds, we switched the ride around so that the riders rode out to the 30, 50 and 70 kilometre destinations. Once again, the teachers and support staff were inspired by the mental toughness of all the riders. All achieved their targets and received their medal.

Following a police escort through town, we came in to a loud and enthusiastic reception at school. Many of the Junior Primary students spent time preparing welcome banners.

Thank you to the Leonora Police Station and everyone who supported the riders. We are all so proud of the Challenge Bike Riders.

Rene Reddingius
In the final two weeks of semester 1, students throughout the school made and decorated gingerbread people. The students had to create a shape and then design a pattern or image that was to go on their biscuit. Once that was completed, the students then decorated their biscuits according to their design.

This semester students will be cooking foods from around Australia and the world.

**Ingredients**

- 1 cup plain flour
- 1 cup sugar
- 1 cup rolled oats
- 1 cup coconut
- 75g butter
- 1 tbs golden syrup
- 2 tbs boiling water
- 1 tsp bicarbonate soda

Note: add a little more water if mixture is too dry

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1. Put baking paper on a tray and pre-heat oven to 180°C.
2. Combine dry ingredients.
3. Melt together butter and golden syrup. Combine water and bicarb soda, and add to butter mixture.
4. Mix butter mixture and dry ingredients.
5. Drop teaspoons of mixture onto tray, allowing room for spreading.
6. Bake for 10 to 15 minutes or until golden. Allow to cool on tray for a few minutes before transferring to cooling racks.
Welcome back for term three and the new semester. I am looking forward to working with parents and students in ensuring that all students achieve the best results they are capable of.

The last term certainly was a busy but productive one. The Awesome Arts initiative culminated in a whole school presentation which was polished and entertaining. We have some great creative talent in the school and I look forward to seeing more great work being done by the students in the Arts area.

The High School career day also provided students with some valuable insights into career prospects in the area. I am grateful to all of those in the community who gave up their time to speak to the students along with Helen Ducie and her team from the Goldfields Regional Education Office who organised the event.

I am pleased to welcome Mr Alex Glorie, Physical Education, and Ms Tracy Heiss, English & History to the school. They are both enjoying working with the students at the school.

It is timely, at the start of the new semester, for me to reflect on a key component of what helps to make a successful student. Success for the students is dependant on a healthy relationship between the school, students and their parents. Without these lines of communication being open and consistently used it becomes difficult for us to fully maximise the learning potential and personal growth of the young person.

When it comes to parent involvement, it is clear that these partnerships a significant influence over the student’s success. I have listed below a synopsis of what the research is saying about parent involvement in their child’s education.

- When parents are involved, students achieve more, regardless of socioeconomic status, ethnic/racial background, or the parents' education level.
- The more extensive the parent involvement, the higher the student achievement.
- When parents are involved in their students' education, those students have higher grades and test scores, better attendance, and complete homework more consistently.
- When parents are involved, students exhibit more positive attitudes and behaviour.
- Students whose parents are involved in their lives have higher graduation rates and greater enrolment rates in post-secondary education.
- Children from diverse cultural backgrounds tend to do better when parents and professionals collaborate to bridge the gap between the culture at home and the learning institution.
- Student behaviours, such as alcohol use, violence, and antisocial behaviour decrease as parent involvement increases.
- Students are more likely to fall behind in academic performance if their parents do not participate in school events, develop a working relationship with their child’s educators, or keep up with what is happening in their child's school.
- The benefits of involving parents are not confined to the early years; there are significant gains at all ages and grade levels.
- School students, whose parents remain involved, make better transitions, maintain the quality of their work, and develop realistic plans for their future. Students whose parents are not involved, on the other hand, are more likely to drop out of school.
- The most accurate predictor of a student's achievement in school is not income or social status, but the extent to which that student's family is able to (1) create a home environment that encourages learning; (2) communicate high, yet reasonable, expectations for their children's achievement and future careers; and (3) become involved in their children's education at school and in the community.

_The evidence is beyond dispute. When parents are involved in their children’s education at home, their children do better in school._

Finally I would like to encourage all parents/caregivers to read the semester one reports with their children. Teachers have provided comments encompassing:

- A student’s achievement and progress
- A student’s current approach or attitude to school work
- Actions that need to be taken to improve education outcomes

Please contact your child’s teachers if you have questions about the report or need any clarification.

Ian Masarei.
On Friday 28th June 2013, we held part of our school Athletics Carnival. Everyone from Pre Primary to Year 12 was involved. Throughout the day students competed in the long jump competitions, and it was great to see families turn up to show their support.

After lunch we had the Cross Country races. There was lots of cheering from families and the community. A fantastic effort was put in by all teams, with Roos winning at the end of the day.

The beginning of Term 3 saw Tony Shaw and his team from Indigenous Service Australia arrive to deliver a humorous and informative Cultural Diversity workshop and fieldtrip for all staff.

The morning session was held in the classroom and looked at both historical and recent events, as well as ways to engage with our students.

Following a quick lunch, everyone boarded the bus for a trip out bush to look at some significant sites and hunt for honey ants!

The day proved valuable for all staff.
100 food party

Students, teachers and parents enjoyed celebrating 100 days at school by rotating through various maths stations and finishing off with a “100” themed lunch.

Thinking of 100 things in each category

Collections of 100 things

100 helping hands mural

Making an art mural of 100 animals

Filling in a 100 number grid

Did you know, missing just 1 day each week adds up to 1 1/2 full years of schooling over 7 years.

Lizzie
Harry
Aeishah
Riley
Rebecca
Marcus
Malakye
Timmy
Maddy-Rae
Clara
Zoe
Oliver
Mervyn

Todd from “Humphrey’s Dance” led us all in 100 exercises and some dancing.

100 dancing feet in our Conga Line

For attending more than 100 days of school!
The Triple P - Positive Parenting Program is one of the most effective evidence-based parenting programs in the world. Giving parents simple and practical strategies to help them confidently manage their children’s behaviour, prevent problems developing and build strong, healthy relationships.

Where: High School classroom
When: 6pm
**Tuesday, 20th August** - Raising Confident, Competent Children
**Tuesday, 17th September** - Raising Resilient Children

Triple P is a one hour presentation followed by time for discussion and will help you to:
- Create a stable, supportive, harmonious family environment
- Teach your children the skills they need to get along with others
- Deal positively, consistently and decisively with problem behaviour should it arise
- Encourage behaviour you like
- Develop realistic expectations of your children and yourself
- Take care of yourself as a parent.

**Enjoy a tea or coffee and biscuits**
You are welcome to bring a friend/family member

Please RSVP to Anna Langley, Deputy Principal on 9037 6143

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The next P&C meeting is scheduled for this Thursday,

When: 8th August 2013
Time: 6:30pm
Where: School Staff Room

Everyone is welcome to attend, including interested community members without children at our school. We are always looking for more people.

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A big welcome to our new staff!! We hope you all settle well in Leonora and have a wonderful time here.

- Mr Alex Glorie—PE and Sport
- Ms Tracey Heiss—English and History
- Mrs Rahma Van Den Kerchove—EA
- Miss Gabby Sutton—EA and School Officer

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The Inspired Living program provides health and wellbeing programs throughout Western Australia. Mentors such as Ben Cousins and Travis Gaspar will be visiting Leonora District High School throughout Term 3, working with our Year 7 -12 students promoting fitness, social and emotional wellbeing and the importance of education, sport and community involvement.

Parents and community members are welcome to come and join in.
### Leonora District High School
#### Term 3 Planner

**School times:**
- **8:40am** Teaching starts
- **10:40 - 11:00am** Recess
- **1:00 - 1:30pm** Lunch
- **2:55** School finishes (Early close on Wednesdays - 2:35pm)

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<td>5-Aug WAMSE</td>
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<td>9-Aug WAMSE Jr Prm Assembly</td>
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<td>2-Sep Trauchoma Screening</td>
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<td>4-Sep-Junior Primary Assembly</td>
<td>5-Sep Jr Prm Assembly</td>
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<td>16-Sep</td>
<td>17-Sep Triple P Parenting Info 6:00-7:30</td>
<td>18-Sep Whole School</td>
<td>19-Sep Jr Prm Assembly</td>
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**Weekend Activities:**
- **3 5-Aug** WAMSE
- **4 12-Aug** Whole School Assembly
- **5 19-Aug** Triple P Parenting Info 6:00-7:30
- **6 26-Aug** Basketball Clinic
- **7 2-Sep** Trauchoma Screening
- **8 9-Sep** Jr Prm Assembly
- **9 16-Sep** Jr Prm Assembly
- **10 23-Sep** Jr Prm Assembly

**Special Events:**
- **10-Aug** 10-Aug WAMSE
- **18-Aug** Whole School Assembly
- **25-Aug** Basketball Clinic
- **31-Aug** Jr Prm Assembly
- **7-Sep** Jr Prm Assembly
- **15-Sep** Jr Prm Assembly
- **22-Sep** Jr Prm Assembly
- **29-Sep** Jr Prm Assembly

**School Holidays:**
- **23-Sep** School Holidays
- **30-Sep** Students Return Tuesday 15th October
# Eagle Roadhouse

## School Lunch Menu

### HOT
- Sausage Roll and Sauce ....... $3.50
- Chicken, Corn Roll .......... $2.50
  *Limited time
- Blasta Pasta Lasagne ........ $5.00
- Blasta Pasta Spaghetti
  Bolognese .................. $5.00
- Pizza Singles
  Hawaiian .................. $4.00
  Supreme ................. $4.00

### TOASTED SANDWICHES
- Ham cheese ...................... $4.00
- Ham cheese & Tomato .......... $4.00
- Cheese ......................... $4.00
- Chicken Cheese
  and Mayo .................. $4.00

### FRUIT
- per piece
  Seasonal Fruit ............ 80c

### FRESH
- Ham Sandwich ............... $2.50
- Cheese Sandwich .......... $2.50
- Ham &
  Cheese Sandwich ........ $3.00
- Ham &
  Salad Sandwich .......... $4.00
- Chicken &
  Salad Sandwich .......... $4.00
- Chicken Ceaser Wrap .... $4.50
- Chicken &
  Sweet Chilli Wrap .... $4.50
- Chicken & Sundried
  Tomato Wrap .......... $4.50

*Wraps have the option to be toasted*

### DRINKS
- 300ml Flavoured Milk
  Chocolate ................ $3.00
  Strawberry ............... $3.00
- 250ml Juices
  Pineapple ................ $3.00
  Orange ................... $3.00
  Orange Mango .......... $3.00
  Apple .................... $3.00
- Fruit Box’s
  Apple ................... $2.00
  Blackcurrant ........... $2.00
  Orange ................ $2.00
  Tropical ............... $2.00
- 600ml Mt Franklin Water .... $3.00
- 750ml Pump Water .......... $5.00

*PLEASE NOTE; ORDERS MUST BE INTO THE EAGLE NO LATER THAN 10AM
STAFF RESERVE THE RIGHT TO REFUSE LATE ORDERS-MANAGEMENT*